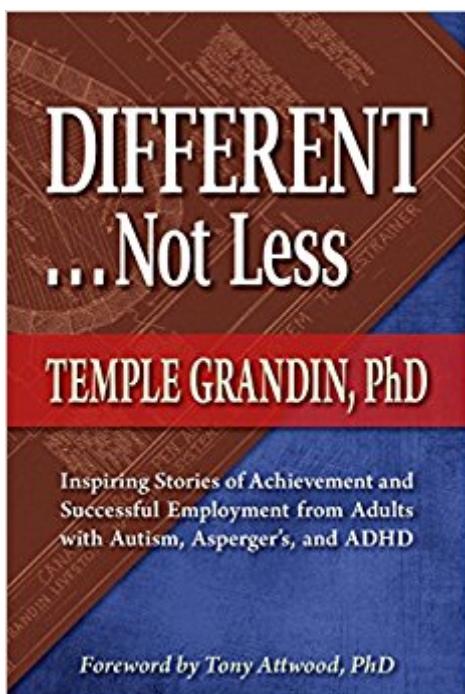


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# Different . . . Not Less: Inspiring Stories Of Achievement And Successful Employment From Adults With Autism, Asperger's, And ADHD



## **Synopsis**

This book is a compilation of success stories from adults with autism and Asperger's Syndrome. Each shares what helped them during their childhood and young lives that made them the independent adults they are today. One of the most important missions Temple Grandin has is making sure people with autism and Asperger's make something of their lives. As Temple says quite bluntly, being on Social Security is NOT a job choice. These unique individuals often have great potential in parts of their minds that neurotypicals never even start to tap. This needs to be shared with the world. However, in order to share their hidden genius, they have to overcome many social obstacles. The point of this groundbreaking work is - it is possible, and it is WORTH it. Let these crusaders, handpicked by Temple herself, show how it can be done. Let this work by Dr. Temple Grandin inspire you to your true potential. You will soon see why it means so much to her.

## **Book Information**

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## **Customer Reviews**

This is an inspiring book. The stories of achievement will be encouraging for parents of a young child with an autism spectrum disorder and will be especially inspirational for adolescents and young adults who are feeling despondent that autism could deprive them of a successful career or relationship. This book has antidepressant qualities to rival those of medication. Dr. Tony Attwood

Recently, I had a lady walk up to me in the airport and say, "Your book, Thinking in Pictures, saved my marriage. Now I understand my engineer husband, and we are able to work things

out. •Each contributor in this book has a unique story, and my intent is that their stories will provide hope and insight to individuals on the spectrum, as well as parents, teachers, and professionals. People on the autism spectrum always keep learning. It is never too late to learn new skills, improve relationships, or learn better work skills. To grow, a person on the spectrum has to stretch. • Stretching is a good analogy, because sudden surprises cause fear. Even individuals my age can learn new skills. When I was writing this introduction, I talked to a family member of a woman in her 60s who has autism. Within the past year, she discovered that the way she dressed herself improved her life, and now she enjoys nicer clothes. The mind of the person with autism can always keep learning. It is never too late to change. A person on the spectrum needs an employer, spouse, or friend who will calmly coach him when he makes social mistakes. He has to be instructed on how to behave, like a character in a play. In my own life, I have gained great insight from reading the writings of other individuals on the spectrum. - Dr Temple Grandin

This book really helps to put faces to the autism spectrum. Each chapter is about a different person with autism. Told in their own voice, they help to shed light on their own journeys on the spectrum and what life is like for them. As a SpEducator, I found it very informative and I appreciated reading the first hand experiences with it.

I need this book and the information it holds. It is VERY inspiring to see that kids with such deep problems grew up to be so successful. Quite a few of the cases included tell of people who didn't know what was wrong, but persevered in their quests anyway. It is good to have the actual people tell their stories, but they are not all great writers, so it takes some slogging. All in all, I HIGHLY recommend the book if one needs to know about how people cope with autism and its variations.

I have enjoyed every one of Grandin's books and recommend them unreservedly to anyone with any interest at all in aspie life and culture. Years ago, somebody said, "Each handicapped person needs to be their own ambassador." Temple Grandin is that and more for folks on the high end of the autism spectrum. Recommend this book for aspies trying to make a life and those trying to make room for them in the world.

This is a must-read book for those struggling with these issues and their parents, friends and doctors. How inspiring to know the positive reaction of each of these folks when they were once diagnosed. Knowledge and understanding go a long way in helping each one of our places in this

world; how great to understand that though one is different it does not make that person any less. The world can be a cruel place. This book will help bring grace and understanding to those who are different but not less and all those associated with these situations. Thanks to Temple Grandin for her insight into these opportunities which educates us all. Need to put our brains to how each individual can be helped from their earliest days, not having to wait until crisis time comes. This book is a start and there are many other helps out there for us, too.

This book is very interesting. Several different autistic adults with different levels of success share their stories of how they have learned and are still learning to be successful. Temple also gives good advice and commentary on successful strategies. Recommended for people who have autism, their friends and families, coworkers, and anyone that wants to understand them better and help them when possible.

This Book points out a lot of things that happen to people with Asperger's Syndrome and what issues they have been throughout most of their lives. This book explains really well on what relationships these people have been through and how some of them got married in the first place. I recommend this book to any young person with Autism or Aspergers Syndrome to read it as it does contain information about how each individual tells their story of what is life like having autism or Aspergers and how each individual overcame their disorders. The book mostly focuses on people with Aspergers Syndrome just to be honest. This book is great for those people with autism or Aspergers Syndrome.

Gives strength and hope and a definite realism to the families who have have people with autism. I could picture a future for my son, finally. And a realistic one. The advantages of certain jobs are explained well. These can be connected with the strengths of our loved ones who have autism.

All my life I knew I was different. It wasn't until just recently (3 months or so) that I've been diagnosed with Asperger's. Temple Grandin was able to present other people with similar experiences in a way that I know I'm not the only one going through this. I felt very lonely for a long time thinking I was different AND less. After reading this book I have a new found hope that I can get a job, succeed in relationships and be ok. Thank you for writing this book!

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Different . . . Not Less: Inspiring Stories of Achievement and Successful Employment from Adults

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